

**Chris and Rachel
welcome you to**

**The Royal Oak Inn, Rhandir-mwyn
www.theroyaloakinn.co.uk**

01550 760201

Accommodation Tariff

Per room per night including breakfast

Double or Twin en-suite £60

Family (4 people) en-suite £85

Single occupancy en-suite £40

Single with shared bathroom £25

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Bar Meals

Cawl with Cheese	£4.50
A Lamb and Vegetable Traditional Welsh Broth served with Bread Roll and Butter	
Ham or Jumbo Sausage, Egg and Chips	£5.50
Welsh Black Beef Burger in a Bun	£6.00
With Chips & Salad Garnish	
Veggie Burger in a Bun- V	£5.50
With Chips and Salad Garnish	
Mushroom and Wine Risotto- V	£6.75
With Salad	
Battered Haddock	£6.60
Served with Chips and Veg	
Breaded Scampi	£5.00
In a basket with Chips	
Prawn Salad	£6.75
Prawns with a freshly made Mixed Salad	
Welsh Black Beef 6oz* Top Rump	£7.00
Served with Chips and Veg	

Sandwich Menu- Lunchtime Only

Welsh Black Beef Steak Baguette	£5.00				
The Sunshine Sandwich- V	£4.00				
Hummus, Peppers, Olives & Pesto Open Sandwich with Lettuce					
Jumbo Sausage in a Baguette	£3.00				
Choose your own sandwich filling(s)					
Cheese	£2.50	Ham	£2.80	Tuna mayo	£2.70
Pickle, Onion + 10p ~ Salad +40p ~ Toasted + 30p Extra fillings- £1.00 per filling					

Lite Bites and Side Orders

Chips	£1.50	Onion Rings	£1.75
Garlic Bread	£1.50	Mixed Salad	£2.00
Baked Beans	£1.00	Slice of Bread & Butter	£0.30
Coleslaw	£1.50	Bread Roll & Butter	£1.00

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Starters or Lite Bites

Soup of the Day- V	£4.00
Served with a Bread Roll	
Brussels Pate	£5.00
Served with Toast	
Smoked Salmon	£4.50
Served with Brown Bread and Butter	
Pan Fried King Prawns	£5.00
In garlic butter and salad garnish	

Mains

All served choice of Potatoes and Veg

8oz* Welsh Black Beef Fillet	£15
10oz* Welsh Black Beef Sirloin	£14
Mixed Grill	£13
(Sirloin, pork, gammon, lamb chop, liver and sausage)	
7oz* Ostrich Steak	£10
Welsh Lamb Rump Chops in Rosemary & Garlic	£9
8oz* Gammon Steak with Egg or Pineapple	£9
Fish of the Day	POA
Oven Baked Whole Trout	£9
Marinated Chicken Breast- Ask for this week' s flavour	£8
Mushroom, Brie & Hazelnut Wellington with Spinach & Cranberry- V	£8
<small>*approx pre cooked weight</small>	
Side Sauces: Au Poivre, Béarnaise, Chasseur, Diane, Hollandaise,	£2.50

Children's meals

Served with Chips, Rice or Mash, and Veg or Beans

Fish Fingers	
Sausages	All
Burger in a bun	£4.50
Tomato Penne- V	

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Pudding Menu

Hot Puds

Served with Mario's Award Winning Welsh Ice Cream, Cream or Custard

Golden Syrup Pudding **£4.00**

Apple Crumble **£4.00**

Chocolate Fudge Cake **£4.00**

Cold Puds

Served with Mario's Award Winning Welsh Ice Cream or Cream

Lemon and Lime Zing **£4.50**
With a crunchy base

Raspberry Pavlova **£4.50**

Ice Cream Sundae **£3.50**
Strawberry, Chocolate or Toffee

Award Winning Welsh Vanilla Ice Cream (very creamy) **£3.50**
With Chocolate, Strawberry or Butterscotch Sauce
Mario's source all their ingredients within a 15 mile radius
of their kitchen in Carmarthenshire.

Welsh Cheeses and Biscuits **£5.00**

Children's Ice cream **£2.00**
With Chocolate, Strawberry or Butterscotch Sauce

Cafetiere of Coffee **£2.50**

Cup of Tea **£1.10**

Pot of Tea for 2 **£2.50**

Hot Chocolate **£1.10**

Irish (made with Welsh Whisky!) Coffee **£5.00**